

New Materials in Resource Centre For July 2012



The following items are now available for loan from the Alzheimer Society of Toronto Resource Centre.

For a complete listing of items in our collection, as well as online materials in 90+ languages, please consult our online Resource Centre Catalogue at www.alzheimertoronto.org/lib_onlineCatalogue.htm.

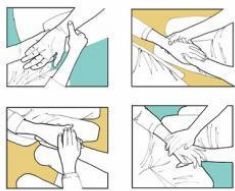
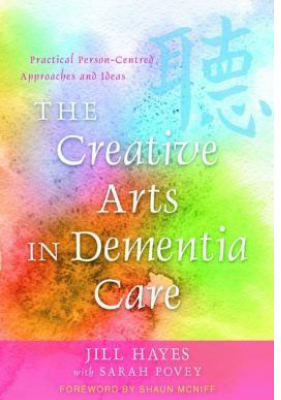
To go on the waiting list for any of the items listed below, please contact:

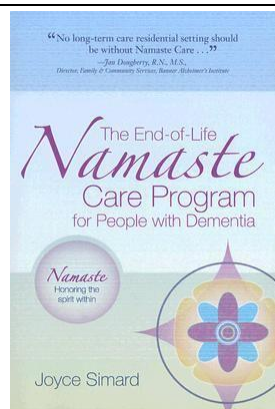
Marg Cameron

Information Resources Coordinator

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|  <p><b>Comforting Touch in Dementia and End of Life Care</b><br/>Take My Hand<br/>Barbara Goldschmidt and Niamh van Meines</p>                                           | <p><b>Comforting Touch in Dementia and End of Life Care</b><br/>by <i>Barbara Goldschmidt &amp; Niamh van Meines</i>, London, UK : Jessica Kingsley Publishers, 2012<br/>Call #: GV 185 G64 2012</p> <p>Hand massage is a positive and meaningful way of reaching out and providing comfort to those who are elderly, ill or nearing the end of life, and it can be particularly effective for people with dementia who respond well to non-verbal interaction. This book offers inspiration for all caregivers looking for an alternative way to support and connect with a family member, friend or patient in their care. Combining light massage strokes with focused awareness, and paying close attention to points on energy pathways, this book introduces a structured way of sharing touch that is grounded in Western and Eastern massage traditions.</p> |
|  <p><i>Practical Person-Centred Approaches and Ideas</i><br/><b>THE Creative Arts IN Dementia Care</b><br/>JILL HAYES with SARAH POVEY<br/>FOREWORD BY SHAUN MCNIFF</p> | <p><b>The Creative Arts in Dementia Care</b><br/>by <i>Jill M Hayes &amp; Sarah Povey</i>, London, UK : Jessica Kingsley Publishers, 2011<br/>Call #: GV 185 H39 2011</p> <p>The creative arts are gaining increasing recognition not only as a tool for delivering effective person-centred dementia care, but also for attending to soul as well as body. Encouraging those who care for people with dementia to develop their own creative skills, this book provides a creative map of care with easy-to-follow examples and detailed case studies. After explaining why adopting a creative approach is central to effective dementia care, the authors go on to discuss meditation, singing, movement and storytelling, describing the therapeutic benefits of each and giving practical examples of how they can be used with individuals or groups.</p>      |

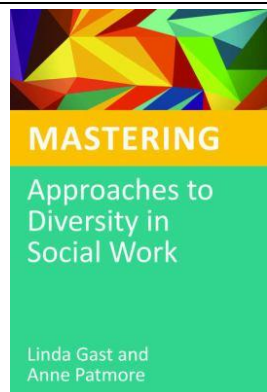


## The End-of-Life Namaste Care Program for People with Dementia

by *Joyce Simard*, Baltimore, MD: Health Professions Press, 2007

Call #: R 726.8 S56 2007

Namaste is a Hindu term meaning "to honor the spirit within". The Namaste Care program brings quality of life to nursing home residents in the last stage of dementia, by taking residents out of isolation and inviting them to a room filled with love and the presence of others. The book describes how to set up and run a Namaste Care program, including the space, supplies, and staff needed, ways to gain administrative and financial support, the role of family members, the physical needs and characteristics of dying residents. Even in the very final stages of Alzheimer's disease, individualized care is possible and meaningful.

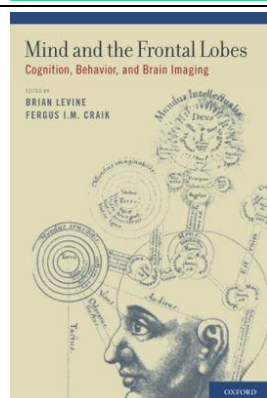


## Mastering Approaches to Diversity in Social Work

by *Linda Gast*, London, UK : Jessica Kingsley Publishers, 2012

Call #: RA 563 M56 G38 2012

This book is an accessible guide to diversity issues in social work. Packed with tools and models for practice, it considers the concept of diversity and how people differ, provides a model for understanding discrimination, and discusses cross-cultural communication, including the impact and use of language. The authors also explore different learning styles and how to work constructively when personal preferences differ. Practice vignettes and exercises for the reader are included throughout the book.

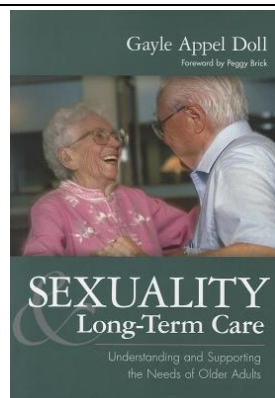


## Mind and the Frontal Lobes

edited by *Brian Levine & Fergus Craik*, New York, NY: Oxford University Press, 2012

Call #: RC 521 M56 2012

In this text, 14 leading frontal lobe researchers review and synthesize the current state of knowledge on frontal lobe function, including structural and functional brain imaging, brain network analysis, aging and dementia, traumatic brain injury, rehabilitation, attention, memory, and consciousness. The book provides a state-of-the-art account of research in this exciting area, and also highlights a number of new findings by some of the world's top researchers

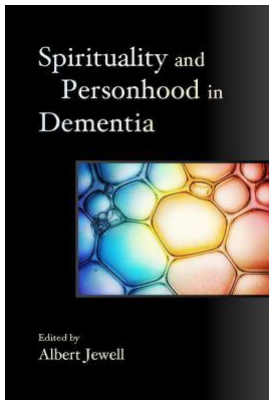
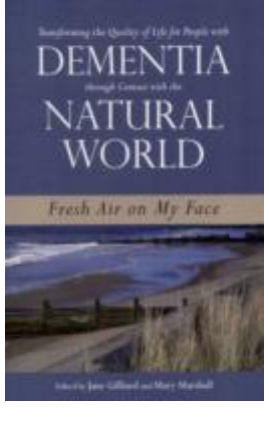



## Sexuality & Long-Term Care: understanding and supporting the needs of older adults

by *Gayle Appel Doll*, Baltimore, MD : Health Professions Press, 2012

Call #: HQ 30 D64 2012

With a person-centered approach to resident sexuality in long-term care, this resource addresses the question of how long-term care facilities can respond to the sexual desires of older adults while balancing individual resident rights against the needs and concerns of the community as a whole. Text represents sexual expression as a significant part of personality, explains why it is important to honor longings for intimacy, and provides strategies for teaching staff how to effectively, respectfully, and compassionately acknowledge those needs. Case studies illustrate potential issues surrounding resident sexuality and provide ample opportunities for healthy discussion about how the staff handled the situation, what was done well and what wasn't, and how to improve the outcomes.

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|   | <p><b>Spirituality and Personhood in Dementia</b><br/> edited by <i>Albert Jewell</i>, London, UK : Jessica Kingsley Publishers, 2011<br/> Call #: BV 4435.5 S69 2011</p> <p>Within the context of person-centred care, there is a growing recognition of the significance of a person's spirituality in providing them with a sense of identity and a resource for coping. This book provides health care professionals with both a rationale and a practical understanding of the important role spirituality can play in the affirmation of personhood, and includes contributions from international authors, discussion of inter-faith relations and spirituality for the non-religious, as well as chapters approaching the subject from Christian and Buddhist perspectives.</p>                                                                                                                                                                                                  |
|   | <p><b>Transforming the Quality of Life for People with Dementia through Contact with the Natural World</b><br/> edited by <i>Jane Gilliard &amp; Mary Marshall</i>, London, UK : Jessica Kingsley Publishers, 2012<br/> Call #: GV 185 T72 2012</p> <p>This book demonstrates why we should provide the opportunities for people with dementia to experience the great outdoors. It also gives a voice to people with dementia who have felt the benefit of getting closer to nature. Contributors explore many different ways in which people with dementia can experience and interact with nature through pursuits such as farming, gardening and walking, and the book includes a chapter on the therapeutic, life-enhancing effects of activities with animals. The book includes descriptions of projects and initiatives from around the world that have revolutionized the everyday experience of people with dementia, and made a real difference to their quality of life.</p> |
|  | <p><b>Understanding Well-Being in the Oldest Old</b><br/> edited by <i>Leonard W Poon &amp; Jiska Cohen-Mansfield</i> New York, NY: Cambridge University Press, 2011<br/> Call #: RA 777.6 U53 2011</p> <p>This book is the outcome of a four-day workshop attended by U.S. and Israeli scientists and funded by the U.S.-Israel Bi-National Science Foundation to examine both novel and traditional paradigms that could extend our knowledge and understanding of the well-being of the oldest old. This volume engages social scientists in sharing methods of understanding, and thereby possibly improving, the quality of life of older populations, especially among the oldest old.</p>                                                                                                                                                                                                                                                                                         |