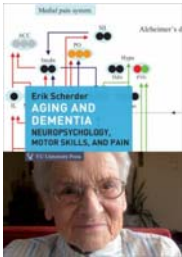


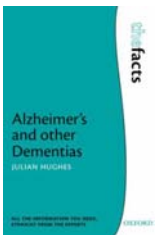
WHAT'S NEW IN BOOKS:



Aging and Dementia: Neuropsychology, Motor Skills and Pain

by *Scherder Erik*. Amsterdam, The Netherlands : VU University Press, 2011. Call #: RC 523 S33 2011

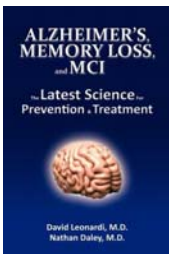
This book explains why changes in cognition, motor skills, and pain are typical for the elderly while describing the most prevalent subtypes of dementia, including mild cognitive impairment, Alzheimer's disease, vascular dementia, and frontotemporal dementia. Focusing on the motor skills of hand motor activity and gait, the study also illustrates changes in the various aspects of pain experience, explaining them clearly through the use of neuropathology of the medial and lateral pain systems.



Alzheimer's and other Dementias

by *Hughes, Julian C*. Oxford UK : Oxford University Press, 2011. Call #: RC 521 H83 2011

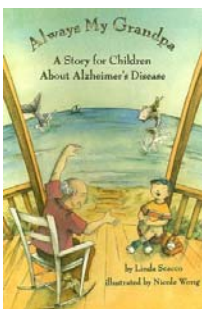
This book provides an overview of the different types of dementia (including younger-onset dementias), from the most recognized - Alzheimer's - to the less frequent types, such as those caused by inherited metabolic disorders or HIV. It explains how the brain works, the effect of dementias on the brain, and the impact on an individual's cognitive function, how a diagnosis is reached, the latest treatments available, and the possibility of disease-modifying treatments in the future.



Alzheimer's Memory Loss and MCI: The Latest Science for Prevention & Treatment

by *Leonardi, David*. North Charleston SC : CreateSpace, 2012. Call #: RC 523 L46 2012

The authors provide suggestions on improvements to lifestyle, nutrition, physical activity, responses to stress and tension, and proper supplements to optimize our whole health - brain, heart, gastrointestinal system and skeletal muscle system as well.

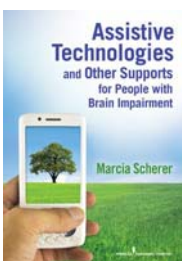


Always my grandpa

by *Scacco, Linda*. Washington, DC : Magination Press, 2006

Call #: Juv RC 523.6 S27 2006

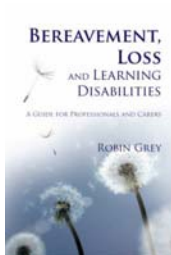
Daniel and his mother spend every summer with Grandpa at his cottage by the sea. Daniel loves these times - playing baseball, walking on the beach, and hearing Grandpa's stories of his days and nights on the fishing boat. But this summer is different, Daniel's grandpa has Alzheimer's disease, and Daniel is about to learn what that means for both Grandpa and himself.



Assistive Technologies and Other Supports for People with Brain Impairment

by *Scherer, Marcia J*. New York, NY : Springer Publishing, 2012. Call #: RD 757 S33 2012

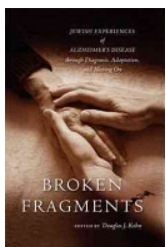
Integrating current research with the experiences of people with cognitive disabilities, this volume examines how assistive and cognitive support technologies are being harnessed to provide assistance for thinking, remembering, and learning. The book vividly describes real-life situations in which cognitively impaired individuals use assistive supports and the advantages and limitations these individuals perceive from their use. It also provides information on how to select the most appropriate technologies to facilitate optimal functioning.



Bereavement, Loss and Learning Disabilities

by *Grey, Robin*. London, UK : Jessica Kingsley, 2010. Call #: RJ 506 D68 G73 2010

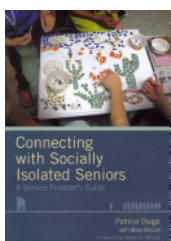
Losing a loved one and coping with the subsequent adjustments that follow are a difficult fact of life, but people with learning disabilities face specific difficulties in processing and managing these changes. This book discusses the importance of helping relationships in supporting this vulnerable group through periods of loss and bereavement, and engaging the person with a learning disability in talking therapy by creating an open dialogue, common signs of stress, factors to consider in assessing risk, advice on how best to approach difficult subjects, and working with individuals with learning disabilities and dementia .



Broken Fragments: Jewish Experiences of Alzheimer's Disease through Diagnosis, Adaptation, and Moving On

by *Kohn, Douglas J (ed)* New York NY : URJ Press, 2012. Call #: BV 4435.5 B75 2012

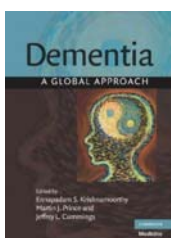
The essays, organized under the headings: diagnosis, adaptation, moving on, have been written by physicians, Jewish clergy, social workers and family members of people with AD, providing touching personal stories and rich Jewish texts are woven into each chapter's narrative. The text offers comfort and wisdom from ancient tradition while providing meaning and encouragement for the AD caregiver of today.



Connecting with Socially Isolated Seniors

by *Osage, Patricia*. Baltimore, MD: Health Professions Press Inc, 2012. Call #: HV 1451 O82 2012

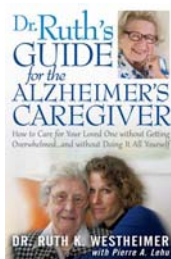
This book will help you identify seniors in the community and in residential care whose health and well-being are in jeopardy. Based on experience with individuals living in senior housing, the book focuses on ways to address factors that lead to social isolation, including: Physical health problems and disabilities; Behavioral and cognitive health issues; Gender disparities; Loss of partner, friends, and pets; Minority sexual orientation; Language barriers.



Dementia: a global approach

by *Krishnamoorthy, Ennapadam (ed.)* Cambridge, UK : Cambridge University Press, 2010
Call #: RC 523 D4527 2010

This book integrates contemporary cross-cultural knowledge about dementia, reviewing literature from the predominantly Western, perspective and contrasting it with empirical knowledge from non-Western cultures. Covering clinical, epidemiological and scientific areas of interest, care-giving models across the world and management of patients who have migrated between regions are also addressed.



Dr Ruth's Guide for the Alzheimer's Caregiver: How to Care for Your Love One without Getting Overwhelmed...and without Doing It All Yourself

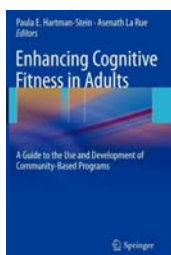
by *Westheimer, Ruth K*. Fresno, California : Quill Driver Books, 2012. Call #: HQ 1064 W47 2012

Dr. Ruth presents effective coping strategies for both the practical problems and emotional stresses of Alzheimer's care. The tactics and resources presented help build confidence in the caregiver and provide health-guided advice on how to avoid burnout, seek support from family and friends, resolve family disputes, maintain a loving relationship with a spouse or parent with Alzheimer's, manage behavior, make the home a safe environment, and coordinate effectively with doctors, facilities, and other care providers.



Elder Care Catastrophe: Rituals of abuse in nursing homes & what you can do about it
by *Ulsperger, Jason S.* Boulder, CO : Paradigm Publishers, 2011
Call #: HV 6626.3 U47 2011

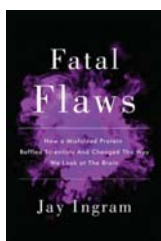
Portraying people who have lived in worked in long-term facilities, and family members struggling with nursing home issues, this book reveals how organizational dynamics and everyday rituals have unintentionally led to resident neglect and abuse. Using systematic research and sociological theory to understand different types of nursing home maltreatment, this book provides critical information on elder care issues, and offers alternative models for lessening the maltreatment of people living in nursing homes.



Enhancing Cognitive Fitness in Adults: A Guide to the Use and Development of Community-Based Programs

by *Hartman-Stein, Paula E (ed.)* New York, NY : Springer Science & Business Media, 2011
Call #: BF 724.85 E54 2011

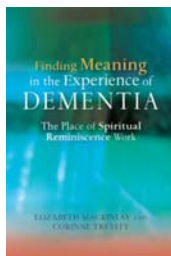
This book highlights the research behind brain fitness interventions as well as innovative community-based programs to maintain and promote mental fitness and intervene with adults with cognitive impairment. The emphasis is on explaining how to set up and utilize cognitive health programs in the community.



Fatal Flaws: How a Misfolded Protein Baffled Scientists and Changed the Way We Look at the Brain

by *Ingram, Jay.* Toronto, On : Harper Collins Publishers Ltd, 2012. Call #: RC 521 I53 2012

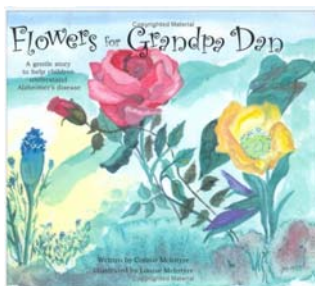
Prions are the stuff of a revolutionary science, a science that might lead to treatments and cures for some of humankind's most devastating diseases, including Parkinson's, ALS and Alzheimer's. Jay Ingram unties a complicated interweaving of biology, medicine, human tragedy, surprise and disbelief in the world of prions, and he unravels some of history's most stunning revelations about disease, the brain and infection.



Finding Meaning in the Experience of Dementia: The Place of Spiritual Reminiscence Work

by *MacKinlay, Elizabeth.* London, UK : Jessica Kingsley Publishers, 2012. Call #: BF 724.85 M32 2012

Spiritual reminiscence is an effective means of facilitating communication, initiating and maintaining relationships and supporting hope in people with dementia. Based on a major study into spiritual reminiscence work with this group, this book provides practitioners with an understanding of the theory and practice. The authors draw on the findings of the study, and on many case examples, to demonstrate the value of spiritual reminiscence in helping people to find meaning in the experience of dementia.

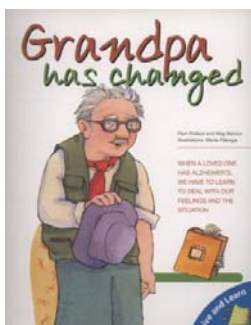


Flowers for Grandpa Dan

by *McIntyre, Connie.* St Louis, MI : Thumbprint Press, 2005

Call #: Juv RC 523.6 M189 2005

This story shows a family coping with Alzheimer's disease, nurturing the essence of their loved one that enables them to connect with him and preserve his legacy. An informational section is provided that suggests ways to answer children's questions about the changes and the disease, and ways that children can maintain a meaningful relationship with their loved one.



Grandpa has changed/ El abuelito ha cambiado

by *Pollack, Pam*

Hauppauge, NY : Barron's Educational Series, 2009

Call #: Juv RC 523.6 P64 2009/ SPAN Juv RC 523.6 P64 2009

In this story, a little boy and his sister are sad and occasionally confused as they recognize that their beloved grandfather has changed. He often forgets things--and sometimes he even forgets where he is. Mom explains to the kids that Grandpa is suffering from Alzheimer's. Before long, the children discover that Grandpa loves them as much today as he always has, and that they can still enjoy happy times together.

Also available in Spanish.

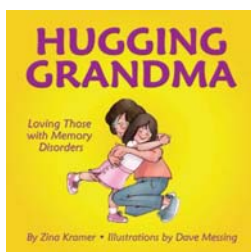


Green Kitty

by *Bryan, Alexandra Faer*. Bloomington, IN : AuthorHouse, 2011

Call #: JUV RC 523.3 B79 2011

This is a story about a grandmother with memory problems being visited by her grandchild. Their bond grows stronger through their visits. The grandmother recalls old stories, mostly of family pets, after the child's curiosity is piqued about a special animal, the green kitty, but the grandmother is often sidetracked with other memories from her past.

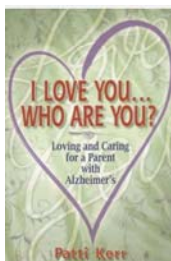


Hugging Grandma

by *Kramer, Zina*. Northville, MI : Ferne Press, 2009

Call #: Juv RC 623.6 K72 2009

This book provides a positive example of how one child copes with a grandmother who has Alzheimer's Disease. Strengthened by the wonderful times they shared together, the child finds ways to help her grandmother still feel useful and needed.



I Love You Who Are You: Loving and Caring for a Parent with Alzheimer's

by *Kerr Patti*. Flemington, NJ : Along the Way Press, 2010. Call #: HQ 1064 K43 2010

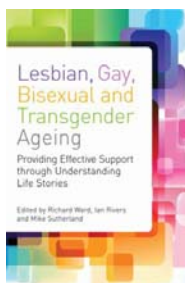
This book contains advice to guide any caregiver from diagnosis to the end of their journey. The author, whose mother and grandmother had Alzheimer's, interviewed over 100 caregivers in order that she could write "the book I wish I had while I was caring for my mother". The book includes: the first steps every caregiver should take; how to address specific/difficult behaviors; talking with children, grandchildren and teens about Alzheimer's; how to care for your parent, the caregiver and yourself; finding joy in your journey.



Leadership for Person-Centred Dementia Care

by *Loveday, Buz*. London UK : Jessica Kingsley Publishers, 2013. 4th ed'n. Call #: HV 1451 L68 2013

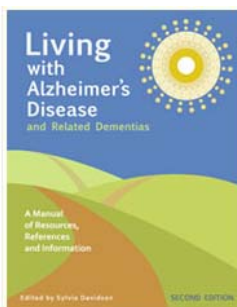
With a practical focus and many case examples, this book will equip readers with the skills, knowledge and confidence necessary to lead person-centred dementia care. Topics covered include the key goals for person-centred dementia care, and the type of leadership approach most likely to bring them to fruition; common barriers to person-centred dementia care, and how leaders can identify and combat them; how to nurture, support and empower staff; how to maximize the effectiveness of verbal and written communications; and how as a leader to respond to challenging situations and risk.



Lesbian, Gay, Bisexual and Transgender Ageing: Biographical Approaches for Inclusive Care and Support

by *Ward Richard (ed)* London, UK : Jessica Kingsley Publishers, 2012. Call #: RA 563 M56 L46 2012

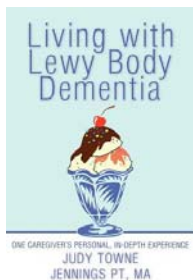
Understanding the needs, wishes, and experiences of LGBT people is essential to those providing them with support and care as they grow older. Biographical approaches can increase understanding about their experiences and perspectives, can offer insights into their expectations and fears surrounding care and service provision. The book also explores how to respond to the needs of older LGBT service users, drawing on the examples of projects that have built community networks and helped with service provision.



Living With Alzheimer's Disease and Related Dementias: A manual of resources, references and information

by *Davidson, Sylvia (ed.)* Toronto : Canadian Association of Occupational Therapists, 2011
Call #: RA 645.3 C36 2011

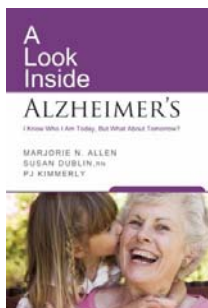
Manual provides information to caregivers of persons with dementia and assists in validating the role of caregivers, acknowledging caregivers as case managers, and developing a collaborative intervention plan with caregivers. Topics include: understanding the illness, communication, behaviours, models of care, assessment, programming, driving, supporting the caregiver, delirium, depression, falls and restraints, ethics of care.



Living with Lewy Body Dementia: One Caregiver's Personal In-depth Experience

by *Jennings, Judy Towne*. Bloomington, IN : WestBow Press, 2012. Call #: RC 521 J43 2012

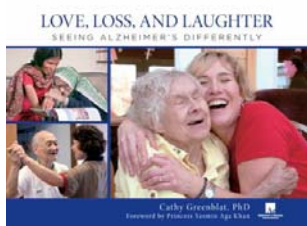
The author, a physical therapist, cared for her husband who was diagnosed with Lewy Body Dementia (LBD). Based on her personal experiences and her PT background, this book looks at: comparison of LBD to Parkinson disease and Alzheimer's disease, the emotional challenges, caregiver burnout, changes to ability to walk, helping make self care activities easier, organizing the home, changes to the senses, physical changes, challenges of declining cognitive abilities, mannerisms that signal emergency help required, developing a support team, financial decisions, legal issues, spiritual support, grief and loss.



A Look Inside Alzheimer's

by *Allen, Marjorie N with Susan Dublin & Patricia Kimberly*. New York, NY : demosHealth, 2013
Call #: RC 523.1 L66 2013

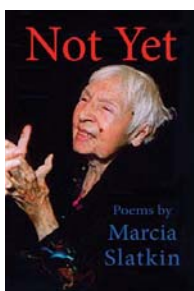
Individuals with early-stage Alzheimer's disease will take comfort in the voice of fellow travelers experiencing similar challenges, frustrations, and triumphs. Family and professional caregivers will be enlightened by this book and gain a better understanding of this unfathomable world and how best to care for someone living in it. Susan and Patricia share their accounts of their personal transformation with early-onset AD and Marjorie shares her perspective as the wife of a person living with AD. The book addresses the complexity and emotions surrounding issues such as the loss of independence, unwanted personality shifts and struggle to communicate.



Love, Loss, and Laughter: Seeing Alzheimer's Differently

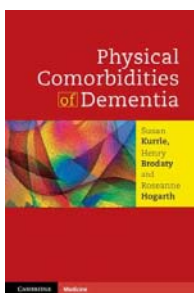
by *Greenblat, Cathy Stein*. Guilford, CT : Glove Pequot Press, 2011
Call #: RC 523 G73 2011

This work melds photographs with text and challenges the perception of people with Alzheimer's as "empty shells" lost to themselves and others. Chapters include: Facing Alzheimer's; Celebrating life; Creating partnerships; Increasing confidence and connection; Maintaining capacities; Improving communication; Music and memory; Art and imagination; Offering consolation and comfort.



Not Yet: A Care-Giving Collage. A Healing Journey through Alzheimer's Care-Giving
by *Slatkin, Marcia*. Nacogdoches, TX : Stephen F Austin State University Press, 2012
Call #: Multimedia RC 523.8 S55 2012

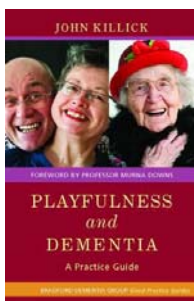
Poems written from 2004 to 2007, about her mother's progression through dementia.



Physical Comorbidities of Dementia

by *Kurtle, Susan*. Cambridge UK : Cambridge University Press, 2012. Call #: RC 523 P49 2012

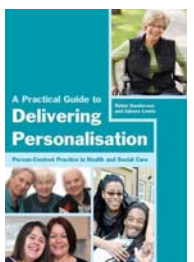
Physical comorbidity is extremely common in people with dementia, leads to excess disability and reduced quality of life for the affected person and their family, and is often treatable if not reversible. Epilepsy, delirium, falls, oral disease, malnutrition, frailty, incontinence, sleep disorders and visual dysfunction are found to occur more frequently in dementia sufferers. This book describes how these may present and gives detailed information and evidence-based recommendations on how to recognise and manage these conditions.



Playfulness and Dementia: a practice guide

by *Killick, John*. London UK : Jessica Kingsley Publishers, 2013. Call #: GV 185 K56 2012

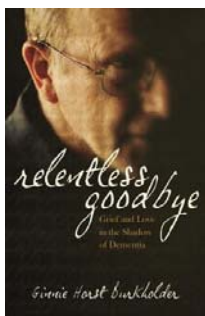
This book explores the nature of playfulness and the many ways in which it can enrich the lives of people with dementia, including as a means of maintaining relationships and communication, supporting communication and generally lifting the spirits. Specific approaches already in existence are described, including improvised drama, clowning and laughter yoga, and a chapter on the playful approach to art and craft activities is also included. Personal accounts of playfulness by individuals with dementia, relatives and an actor with a decade's experience of using playful approaches with people with dementia offer rich first-hand insights into its transformative potential.



A Practical Guide to Delivering Personalisation: person-centred practice in health and social care

by *Sanderson, Helen*. London, UK : Jessica Kingsley Publishers, 2012. Call #: HV 1451 S275 2012

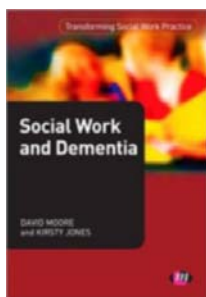
Personalisation means people having choice and control over their support on a day-to-day basis. To deliver personalised services, professionals and caregivers need to know what is important to those they are caring for, the best way to support them, how they communicated and how they make decisions. This book explains how to deliver personalisation through simple, effective and evidence-based person-centred practice that changes people's lives and helps them achieve the outcomes they want.



Relentless Goodbye: grief and love in the shadow of dementia

by *Burkholder Ginnie Horst*. Harrisonburg, VI : Herald Press, 2012
Call #: RC 523.2 B87 2012

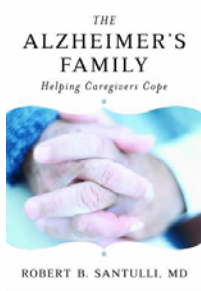
The author shares about caring for her husband who was slowly slipping away with Lewy Body dementia. Her memoir reveals how she handled the constant challenges through humour, love, commitment, and faith. At the same time, she does not gloss over the loss, pain and loneliness on this emotional roller coaster ride that invaded her marriage and family following her husband's diagnosis. This book is about the gritty and glorious substances of life - how illness and health, faith and doubt, grief and acceptance all flow together in the river of change. It leads each of us to a great acceptance of our own life experiences.



Social Work and Dementia

by *Moore, David*. London, UK : Learning Matters, 2012. Call #: HV 1451 M66 2012

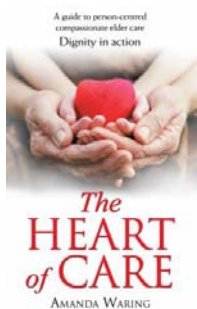
This practical book enables those already practicing or joining social work to consider the various ways that people can be supported to live well with dementia. Areas focused on include how the personalisation agenda is changing services through self-directed support, re-enablement and telecare, how risk can be managed while choice and independence are maintained, and how safeguarding of people with dementia can be positively practiced.



The Alzheimer's Family: Helping caregivers cope

by *Santulli, Robert*. New York, NY : W W Norton & Company, 2011. Call #: HV 1451 S275 2011

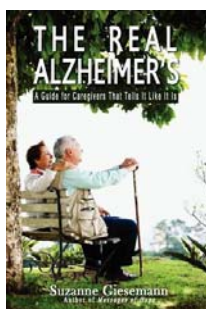
The goal of this book is to provide a better understanding of the impact of dementia on the family, and the impact of the family on the disease, providing tools to help families cope more effectively, for their own health and emotional well-being, and for the sake of the person with the disease. It provides information about the disease, challenges to expect in the various stages of the illness, therapeutic approaches, and strategies for addressing issues. It will help to identify and treat family members who are especially distressed by the disease, where family conflicts and disagreements have arisen, to assist with difficult decisions that need to be made in the care of persons with Alzheimer's.



The Heart of Care. Dignity in action: a guide to person-centred compassionate elder care

by *Waring Amanda*. London, UK : Souvenir Press Ltd, 2012. Call #: HV 1451 W38 2012

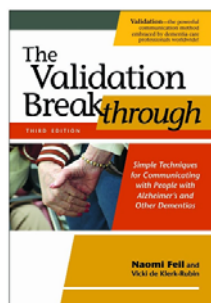
This book examines how caregivers and caring professionals can reconnect to an actively compassionate nature, enriching the lives of those they look after as well as their own. It contends that person-centered care should be at the heart of the care industry, acknowledging that too often caregivers are focused on accomplishing tasks rather than understanding how someone is feeling. Emphasizing how to sincerely value people, the author offers suggestions such as involving the elderly in decision-making and other methods for providing a positive social environment. Creatively applying empathy exercises, anecdotes, and poetry to uplift, motivate, and educate caregivers on developing their skills and awareness needed to support an aging population.



The Real Alzheimer's: Guide for Caregivers That Tells It Like It Is

by *Giesemann Suzanne*. One Mind Books, 2012. Call #: HQ 1064 G54 2012

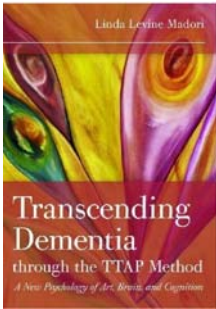
This book includes candid interviews with caregivers, family members, practitioners, and individuals diagnosed with Alzheimer's. These true stories and words of advice from people coping with the different facets of dementia cover a variety of situations: husbands or wives caring for their partners, children caring for their parents, and practitioners caring for their patients. Here you'll find an honest and heartfelt look at what to expect when the diagnosis of Alzheimer's becomes a reality, and the best way to handle the challenges that lie ahead.



The Validation Breakthrough: Simple Techniques for Communicating with People with Alzheimer's and Other Dementias

by *Feil, Naomi*. Baltimore, Maryland : Health Professions Press, 2012. 3rd ed'n
Call #: RC 423 F45 V34 2012

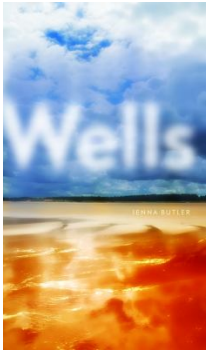
Revised edition. Learn how to : build relationships with residents based on empathy and compassion; understand and deal with challenging behaviours; interpret nonverbal clues to promote better communication; implement validation in your own care setting.



Transcending Dementia: Through the TTAP Method A New Psychology of Art, Brain, and Cognition

by *Madori, Linda Levine*. Baltimore, Maryland : Health Professions Press Inc, 2012
Call #: GV 185 M32 2012

Thematic Arts Programming (TTAP) has a proven record of improving the lives of people with dementia by increasing their engagement and functioning. This text provides tools and instructions for putting this innovative and life-affirming approach to work. Activities using the TTAP method can provide: significant stimulation and integration of multiple brain regions; enjoyment, engagement, creativity, relaxation, and a sense of purpose for people with even advanced dementia; a framework that allows infinite variations; complete documentation for tracking and evaluation; opportunities for one-on-one or group programming



Wells

by *Butler, Jenna*. Edmonton : University of Alberta Press, 2012
Call #: RC 523.8 B87 2012

Jeanna Butler starting writing poetry in honour of her grandmother's progression through dementia. During the writing process the author encountered others who were experiencing losses similar to hers as their family members progressed through the stages of dementia, and they shared their stories of loss and grief. *Wells* is a collection of poems not only in honour of Butler's grandmother, who died in 2011, but also a tribute to the stories that others shared with her. The poems explore the nature of remembering, the stories we know or fabricate about ourselves, when our memory, the way we define ourselves, vanishes.

WHAT'S NEW IN DVDs:

Easing the Adjustment to a Nursing Home: Strategies for Families

Kennett Square, PA : Kendal Outreach, 2010. 12:00 min. Call #: DVD RA 997 E27 2010

DVD gives realistic strategies that will enable families to help a loved one make the adjustment to a nursing home or assisted living facility easier. It provides compassionate and relevant information that family members can use to help residents stay connected to familiar family and social activities, while smoothing the transition to their new environment. The DVD discusses: how to set realistic expectations; how to communicate with staff; how to plan a productive visit; how to acknowledge and address feelings of guilt and/or frustration. It also documents how a three-way partnership between residents, staff, and family can greatly improve the resident's overall quality of life and provide more peace of mind to the family members.

Live outside the stigma: Confronting the Myths and Stigmas of Alzheimer's

by Taylor, Richard PHD. Cokato, MN : Brilliant Image Production, 2011. 64:00 min. Call #: DVD RC 523.2 L58 2011

Dr Richard Taylor dispels many of the myths and stigmas associated with living with dementia, by sharing what he has experienced and learned from others in various stages of dementia. Dr Taylor offers suggestions on how others can adjust their thinking and actions to help those diagnosed with dementia to continue to live productively.

Living With Dementia: To change your mind about people whose minds have changed

by Taylor, Richard PHD with Power, G Allen MD. Cokato, MN : Brilliant Image Productions, 2011.

Call #: DVD 523.2 L548 2011

DVD includes separate presentations by Dr Allen Power (medical practitioner) and Dr Richard Taylor (person living with dementia), as well as a combined question and answer session. The speakers redefine dementia and challenge viewers to make a dramatic shift- from viewing dementia as a series of deficits to viewing it as a shift in the way a person experiences the world around them. Discussion addresses ways to improve dementia care and reduce challenging behaviours by retaining the personhood of the person with dementia, adjusting the environment, and using non-pharmacological approaches that respond to the needs of the person.

Managing Challenging Family Situations

Chicago, IL : Terra Nova Films Inc, 2010. Call #: DVD HV 1451 M362 2010

Using case scenarios, DVD offers proactive ways to create "partnerships" with family members before, during and after the resident admission. Positive family interaction tips: "active" listening and response to family concerns; communicating with demanding, hostile or verbally aggressive family members; understanding and helping residents and families deal with their sense of grief and loss; giving residents and families a sense of control.

These relationship-building techniques will not only encourage support from and interaction with families, but help staff create an information-based relationship with residents that reduces potential conflicts and misunderstandings.

The Journey of Grief

by Manning, Doug. USA : In-Sight Books Inc, 2007. 65:34 min. Call #: DVD BF 575 G7 M368 2007

Doug Manning's presentation about the grief journey - elements of the grief experience, important aspects of a healthy approach to grieving, and what grief companions can do to be a helpful part of the journey.

The Power of Presence

by Manning, Doug. USA : In-Sight Books Inc, 2007. 2 discs, 33:14 min; 113:42 min. Call #: DVD BF 637 C6 M366 2007

Doug Manning takes viewer on a journey through each of the difficult transitions in life - aging, dying, grief, caregiving - and outlines how to be a solid and unwavering comfort to those in need (in either a professional or family capacity).

You're Looking at Me Like I Live Here and I Don't

by Kirschenbaum, Sott. Peripheral Productions, 2012. 53:00 min. Call #: DVD RC 523.2 Y59 2012

Documentary filmed at Traditions Alzheimer's Unit, Danville California, over the course of six months. It focuses primarily on one resident, Lee Gorewitz, her interactions with other residents, with staff and with the filmmaker.